

Inosanto Academy

Attack By Combination

Useful ABC Attacks From Kicking Range To Hand Range To Kicking Range

Possible Basic 5 Count Combination

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|----------------------------|-----------------------------------|
| 1. Lead Round Kick | 1. Lead Round Kick |
| 2. Cross | 2. Cross |
| 3. Body Hook | 3. Left Uppercut |
| 4. Cross | 4. Right Uppercut |
| 5. Lead Round Kick | 5. Left Round Kick |
| | |
| 1. Lead Round Kick | 1. Lead Round Kick |
| 2. Cross | 2. Right Uppercut |
| 3. Tight Hook or Long Hook | 3. Left Uppercut |
| 4. Cross | 4. Right Cross |
| 5. Lead Round Kick | 5. Left Round Kick |
| | |
| 1. Lead Round Kick | 1. Lead Round Kick |
| 2. Cross | 2. Cross |
| 3. Lead Uppercut | 3. Left Elbow |
| 4. Cross | 4. Right Elbow |
| 5. Lead Round Kick | 5. Right Knee or Right Round Kick |
| | |
| 1. Lead Round Kick | 1. Lead Round Kick |
| 2. Cross | 2. Right Elbow |
| 3. Left Slap | 3. Left Elbow |
| 4. Cross | 4. Right Round Kick |
| 5. Lead Round Kick | 5. Left Round Kick |
| | |
| 1. Lead Round Kick | 1. Left Round Kick |
| 2. Overhead | 2. Right Round Kick Low |
| 3. Uppercut | 3. Left Round Kick |
| 4. Overhead | 4. Right Cross |
| 5. Lead Round Kick | 5. Left Round Kick |
| | |
| 1. Left Round Kick | 1. Left Round Kick |
| 2. Right Elbow | 2. Right Elbow |
| 3. Left Elbow | 3. Left Elbow |
| 4. Right Knee | 4. Right Knee |
| 5. Left Round Kick | 5. Left Round Kick |